

# Your Wellbeing, Reimagined.

Welcome to the new and upgraded AIG Virtual Care Program, powered by Teladoc Health.





#### **Key benefits:**

- Virtual access from anywhere you are in the world
- Unlimited access at no additional cost
- Receive care and support anytime, 24/7
- Access to digital content on multiple health and wellbeing topics
- Avoid waiting rooms, from the comfort of your own home
- Accessible in multiple languages
- Confidential service you can trust
- Care at your fingertips

   access your services
   easily through our
   new app

## How to access the AIG Virtual Care Program

- Visit www.aigvirtualcareprogram.com and choose your preferred language.
- <sup>2</sup> Click on "Access my account".
- 3 Please complete the required details.
- 4 Your access code is followed by the last four digits of your AIG policy number.
- Once registered, you will be able to request a consultation for a range of health and wellness services.

### What's included?

Your AIG insurance entitles you to have unlimited access to a suite of digital health and wellness services designed to support you-wherever you are.



#### **Medical Consultation**

Ask any non-emergency health-related questions to a doctor worldwide.



#### **Expert Nutritionist Access**

Tailored advice to meet your nutrition goals.



#### **Medical Second Opinion**

Get reassurance from medical experts about your health concerns.



#### **Wellbeing Exercises**

Easy-to-follow routines to enhance your physical health.



### Medical Second Opinion Concierge Support

Get expert guidance in finding top treatment facilities.



#### **Get Fit Program**

Personalized fitness plan combining diet and a workout routine.



#### **Mental Health Coaching**

Connect with licensed professionals to receive safe and secure mental health advice.



### Mental Health & Wellbeing Digital Content

A library of resources for a healthier mind and body.

## Download the app today or visit our online portal to learn more

VISIT PORTAL





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